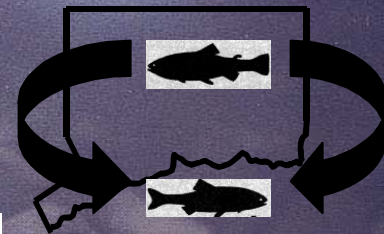
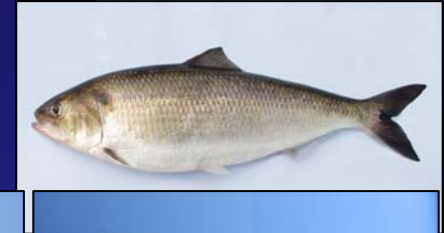


# Building Fishways to Restore Diadromous Fishes to Connecticut

**Stephen Gephard**  
**CTDEP/Inland Fisheries Division**  
**Old Lyme, CT**



# Diadromous?



## Anadromous

- Matures in saltwater
- Spawns in freshwater

## Catadromous

- Matures in freshwater
- Spawns in saltwater



## Diadromous

Fish that migrate between fresh and salt water

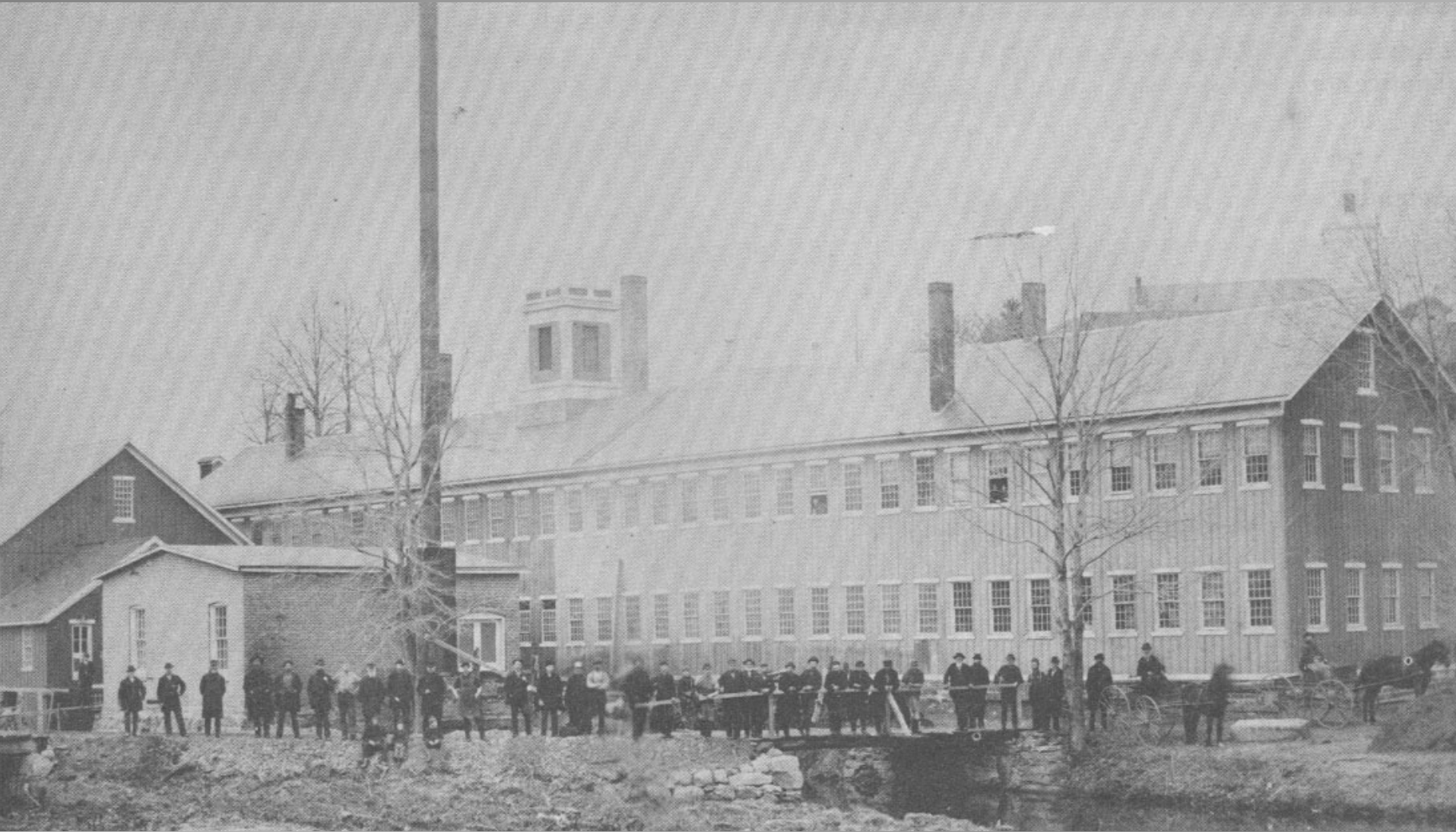
**DAMS !!**





# MILLS

Each town had them and that meant dams





- **By mid 1700s small dams on tributaries (especially Southern New England) blocked fish access to upstream habitat - extirpated local runs**
- **~1740- salmon are gone from the Housatonic River.**
- **~1780- salmon are gone from all CT tribs of the CT River.**
- **1798 - 1<sup>st</sup> dam across the CT River in Turners Falls, MA.**
- **1799 - 1810 – Salmon “already in the system” continue to return**
- **~1811 - Connecticut River Atlantic salmon extinct**
- **1830- first mainstem dam on the Shetucket River**
- **1845- Shetucket River Atlantic salmon extinct- shad reduced.**

# The impacts of dams have not been limited to diadromous fish species



R Jacobs



R Jacobs



R Jacobs



R Jacobs

The impacts on these species have not been limited to just dams





# WHY DO FISH NEED TO GO UPSTREAM?

Fish need adequate amounts of habitat to support their young.

Extension services say that horses need about 1.5 - 3 acres of pasture to be sustained.



Fish have such minimum habitat requirements, too. One acre of habitat may support 50 American shad or 1,000 alewives.



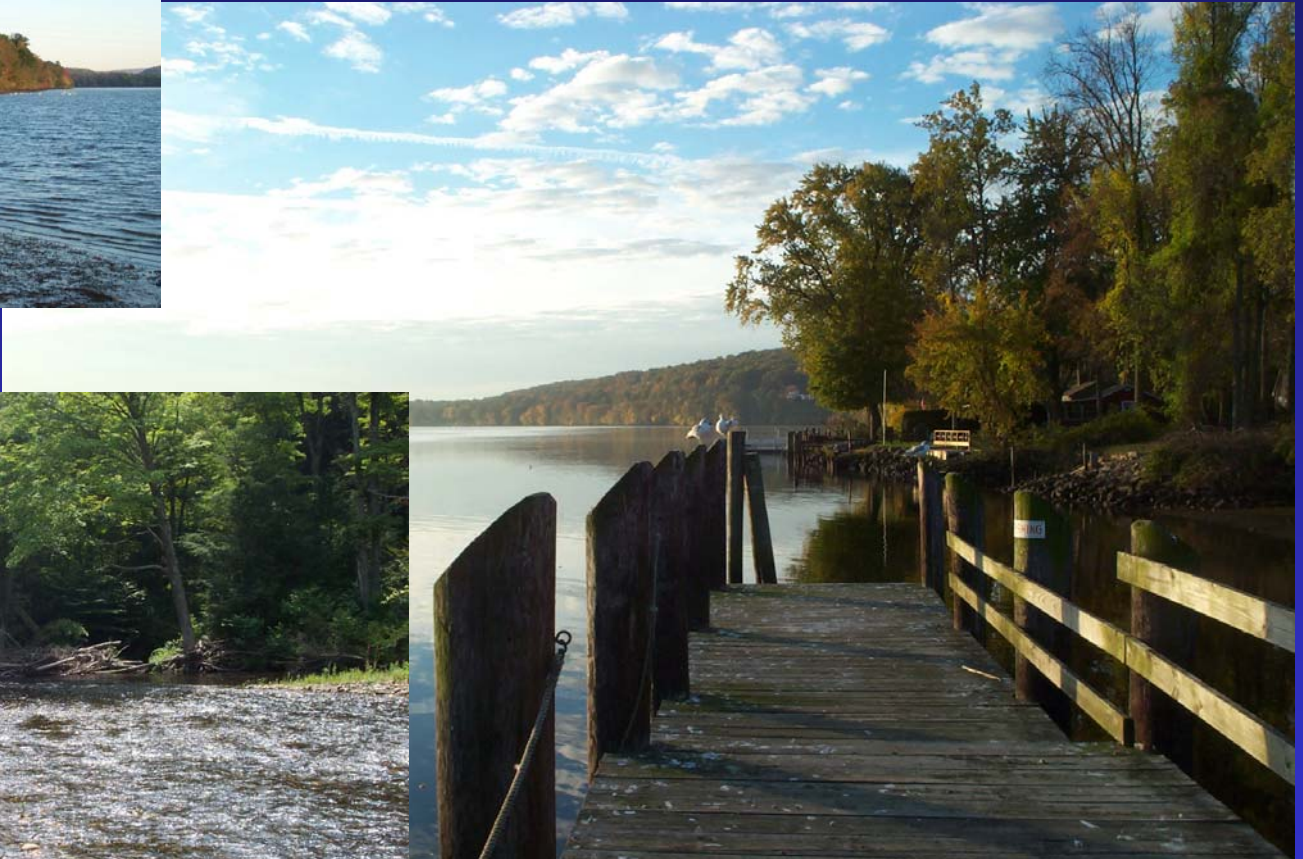
# WHY DO FISH NEED TO GO UPSTREAM?

Mill Brook has 500 acres upstream of the salt wedge and therefore could support a half million alewives



But if you build a dam a few miles upstream and reduce the amount of AVAILABLE habitat to 100 acres, the brook can only support 100,000 alewives.

# It's the habitat, stupid!



# BLUEPRINT FOR RESTORING FISH RUNS

- ✓ Identify existing runs of fish
- ✓ Identify existing barriers to fish runs
- ✓ Identify suitable habitat upstream of barriers
- ✓ Identify potential restoration projects
- ✓ Reintroduce fish to system (if necessary)
- ✓ Provide fish passage at barriers

# What Do We Restore?

Species that are valued by residents

Species for which suitable habitat remains

Atlantic salmon- Connecticut River basin only

American shad- Housatonic, Quinnipiac, Connecticut, Shetucket, Quinebaug rivers

River herring in dozens of streams, statewide

American eel- where surveys show dams have reduced upstream numbers

# Other Species



Sea-Run Brown Trout



Shortnose Sturgeon

photo by Alan Richmond

- striped bass
- gizzard shad
- hickory shad
- white perch
- rainbow smelt

# Sea lamprey



R Jacobs



R Jacobs

# Atlantic salmon Life History

Wild Atlantic salmon  
*a wondrous life cycle*



© Atlantic Salmon Federation  
All Rights reserved

Adult



Smolt



Spawning in a Redd



Parr



Fry



Eggs

Eyed eggs



Alevin

Visit [www.asf.ca](http://www.asf.ca)  
to learn more

Atlantic Salmon Federation

P.O. Box 5200, St. Andrews, NB E5B 3S8  
P.O. Box 807, Calais, ME 04619-0807  
(506) 529-4581  
[www.asf.ca](http://www.asf.ca)

Paintings by Judi Pennington



# American shad, alewife, and blueback herring

**American shad**



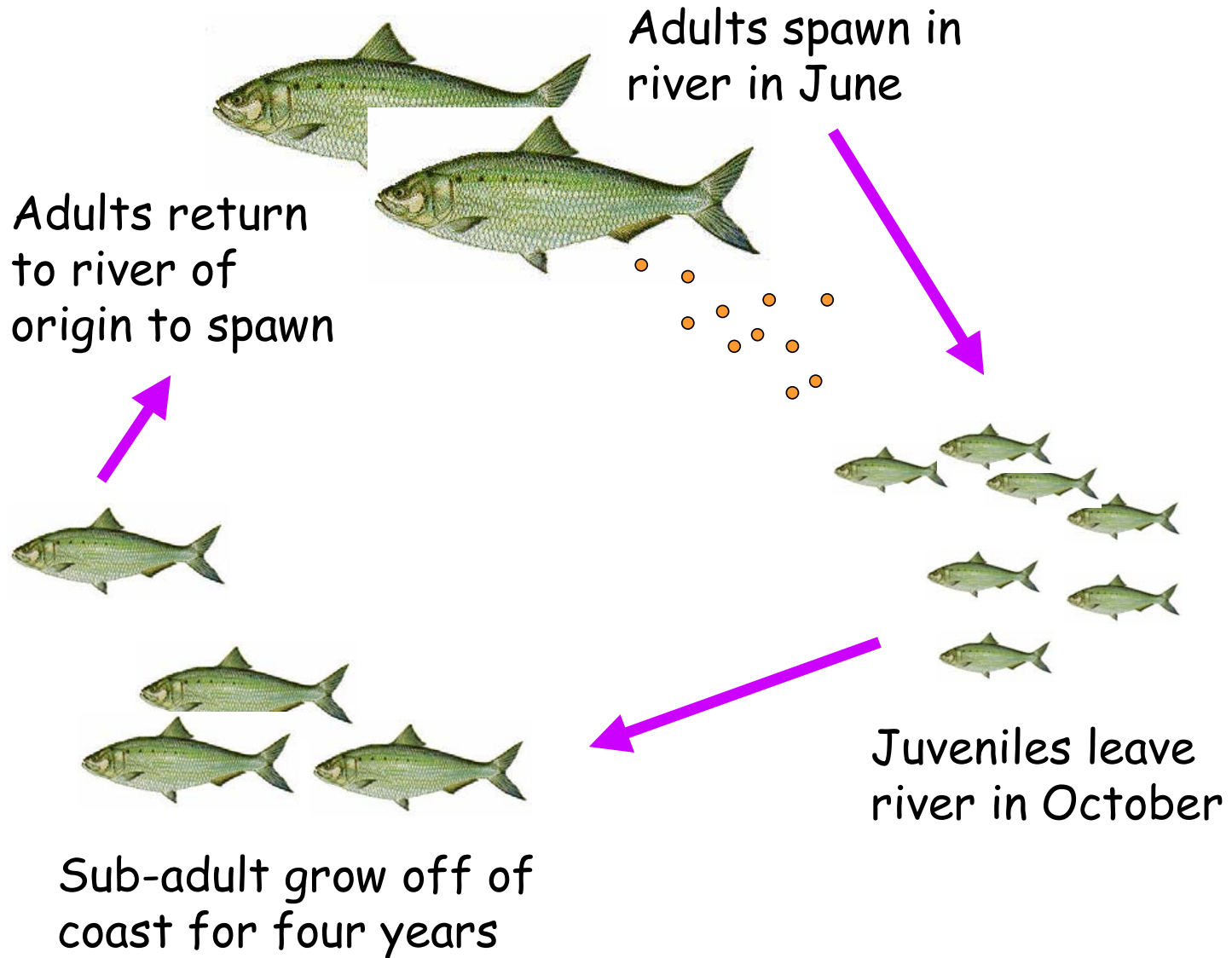
**Alewife**



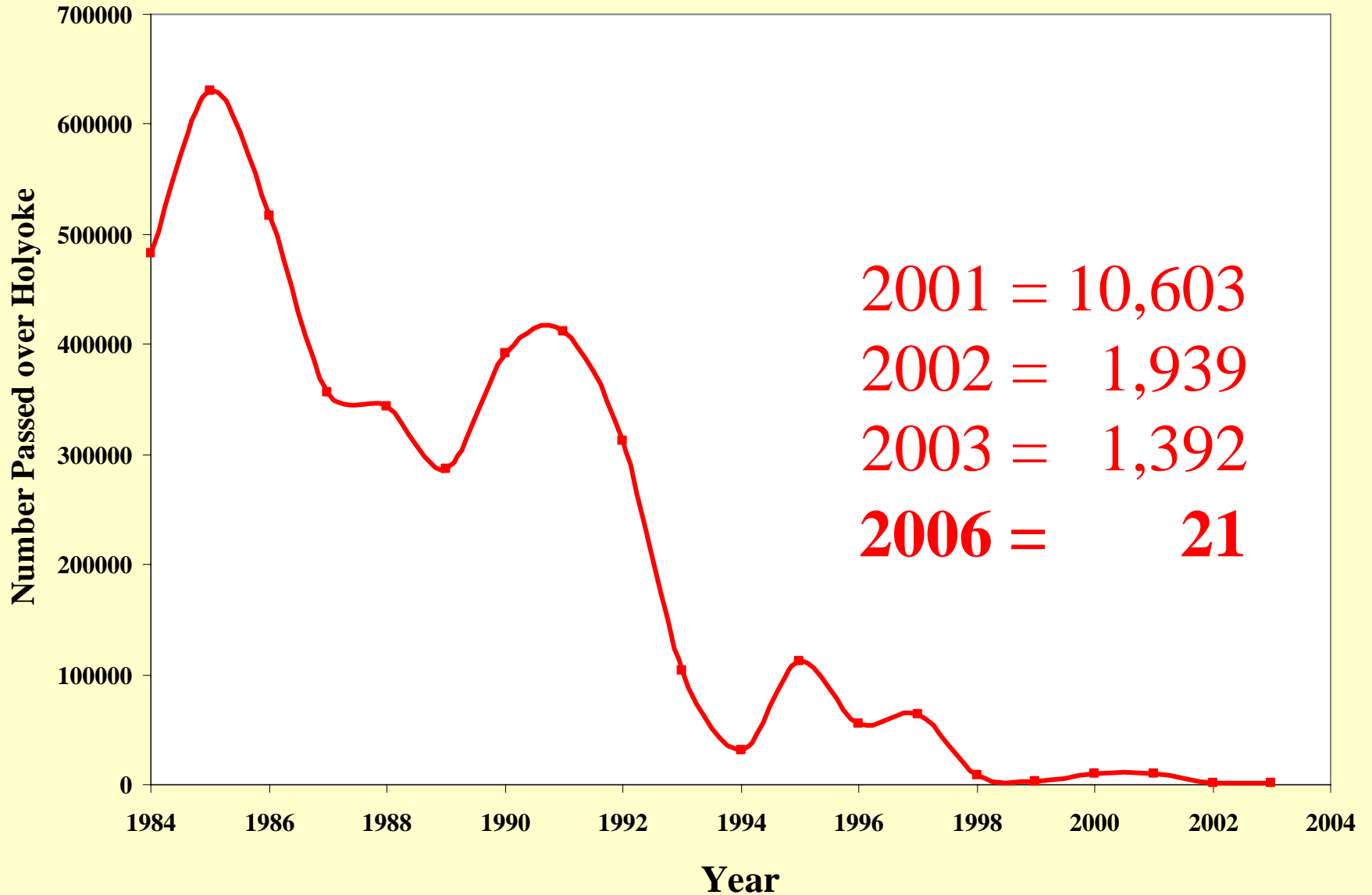
**Blueback herring**



# Life History



# Numbers of blueback herring passed at the Holyoke Fishlift



# ATTENTION ANGLERS

## The taking of Anadromous Alewife and Blueback Herring is Prohibited In All Connecticut Waters Until Further Notice

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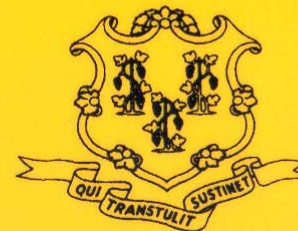
This action was taken to conserve declining populations of sea-run herring. This prohibition applies to ALL inland and marine waters of the State of Connecticut except that landlocked alewife may still be taken by angling or scoop net in the following lakes:

Amos Lake, Ball Pond, Beach Pond, Candlewood Lake, Crystal Lake, Highland Lake, Quassapaug Lake, Quonnipaug Lake, Rogers Lake, Squantz Pond, Uncas Lake, and Waramaug Lake.



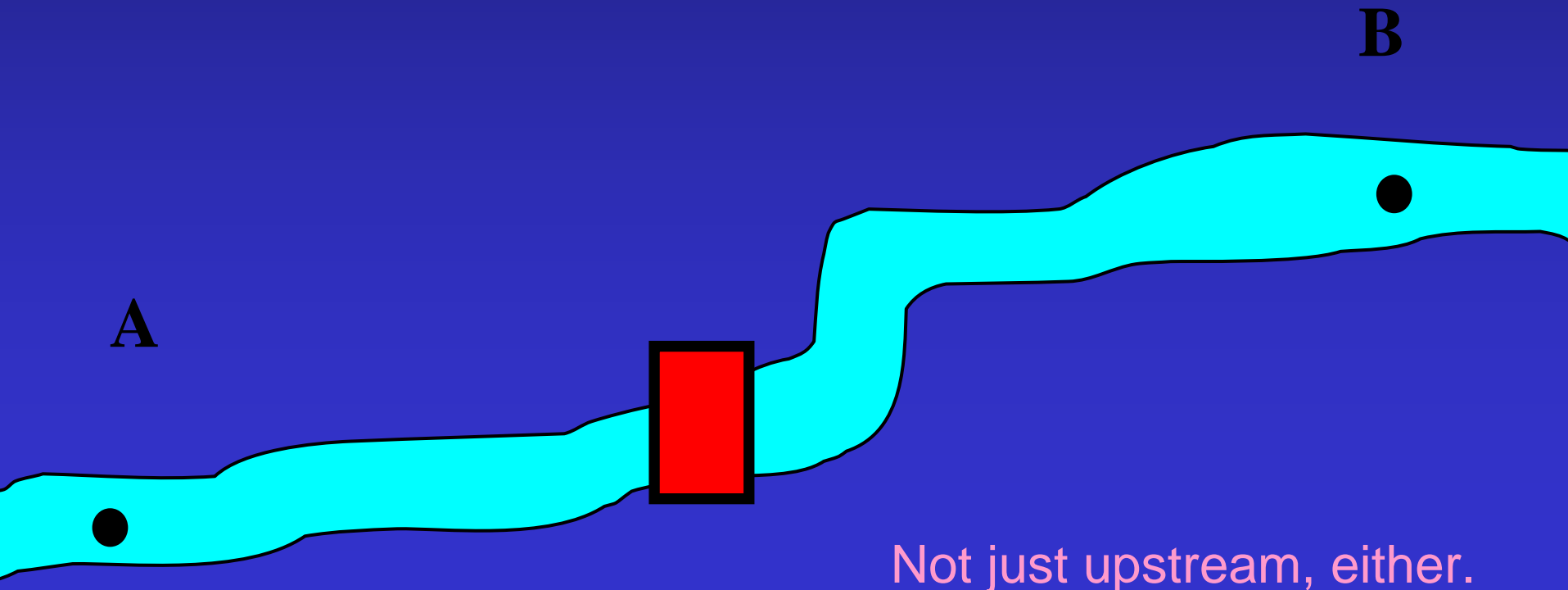
To Report Fishing Violations  
Phone (800) 842-4357

State of Connecticut  
Department of Environmental Protection  
Inland Fisheries Division  
(860) 424-3474



# FISH PASSAGE

A project or activity that allows fish to get from point A to point B safely, typically where a human-made structure that inhibits fish movement is located between the two points and additional human intervention is required.



# FISH PASSAGE

Typical options include:

- removal of the structure
- modification of the structure
- building of a fishway around the structure

# Important Facts

- swimming and leaping abilities vary greatly among fish species. Solutions have to be design to match these abilities.
- generally, the weaker swimming fish require more expensive fishways.
- due to limited space and money, most fishways do not pass all fish that arrive at the base of the dam. Typically, the strongest swimmers pass and the others stay behind.
- fishways need to be designed, operated and maintained.
- fishways pass fish but other impacts of the dam remain.

# Dam Removal

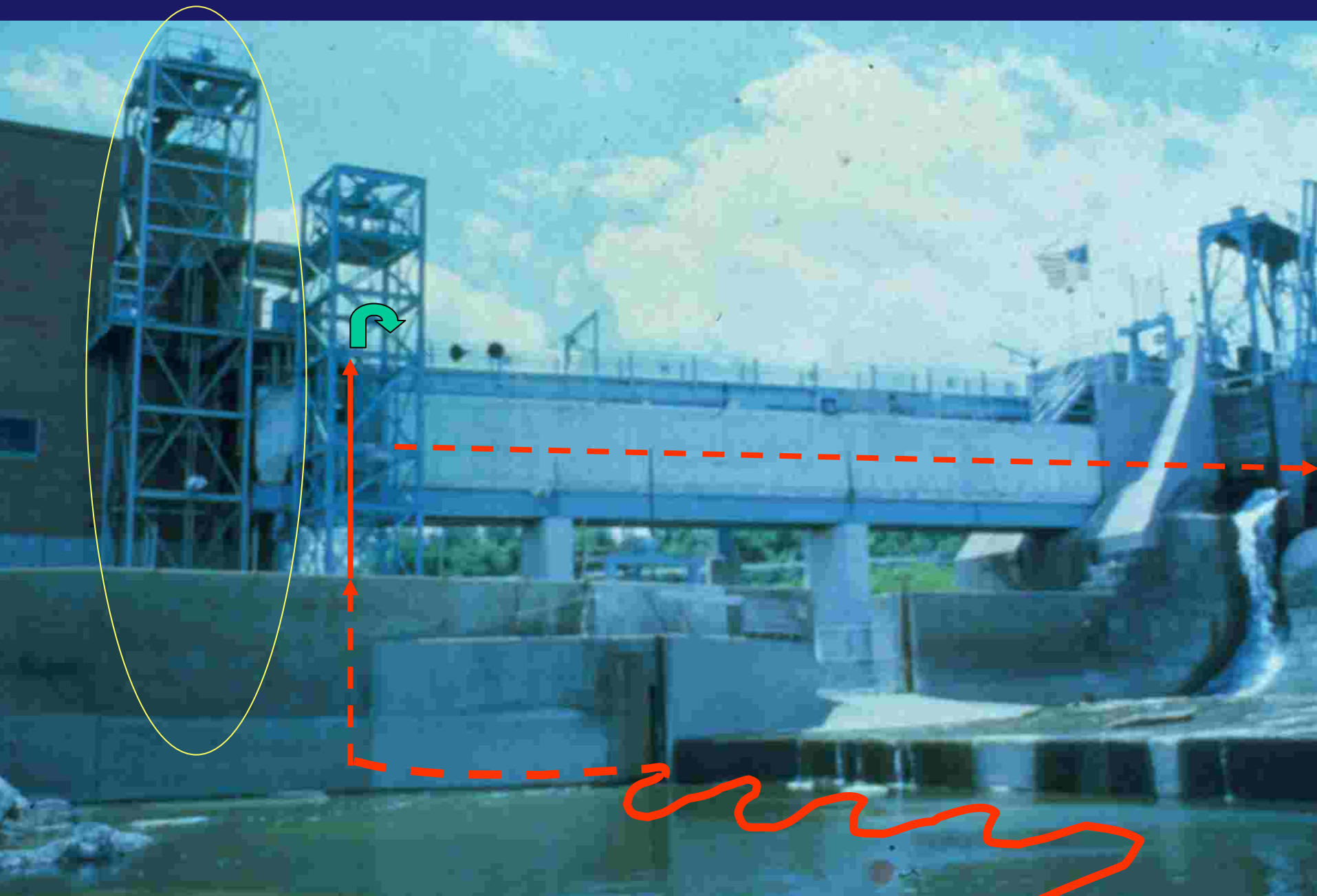




# Large fish and numerous fish in large rivers usually requires large fishways (\$\$\$\$)

- damowners who generate and sell electricity must be licensed and fishways are often a condition of that license.
- In CT, if owners of dams that are NOT licensed repair or modify their dam, they need a DEP permit. A fishway can be a condition of that permit.
- As the public learns more about fish restoration, more and more dam owners are seeking to build fishways at their dams *voluntarily*. These are generally smaller dams.

# HOLYOKE FISHLIFT







# Kinneytown Fishway- a "Denil"



# River Herring- passage around dams



# A “steppass” fishway



# Jordan Millpond



# Fishing Brook





# CLARK'S POND FISHWAY- A POOL & WEIR



# CHALKER MILLPOND FISHWAY



SOME FISHWAYS CAN BE QUITE SMALL— BUT STILL IMPORTANT

# LOWER GUILFORD LAKE NATURE-LIKE FISHWAY

A formerly impassable branch of a stream made passable by the construction of a 1 on 14 rocky ramp right in the stream.



# NOD BROOK CULVERT FISHWAY



Off-set baffles installed within a box culvert

# If you're building a fishway, what else can you do besides passing fish upstream?

- viewing window
- count fish
- identify fish
- trap fish
- educate the public



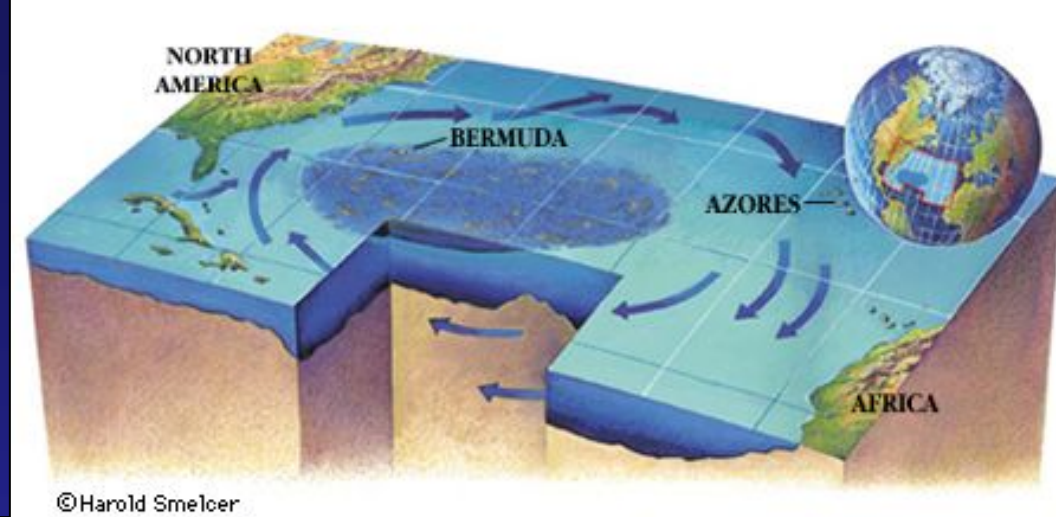
# River Herring- electronic fish counter



# LATIMER BROOK FISHWAY TRAP



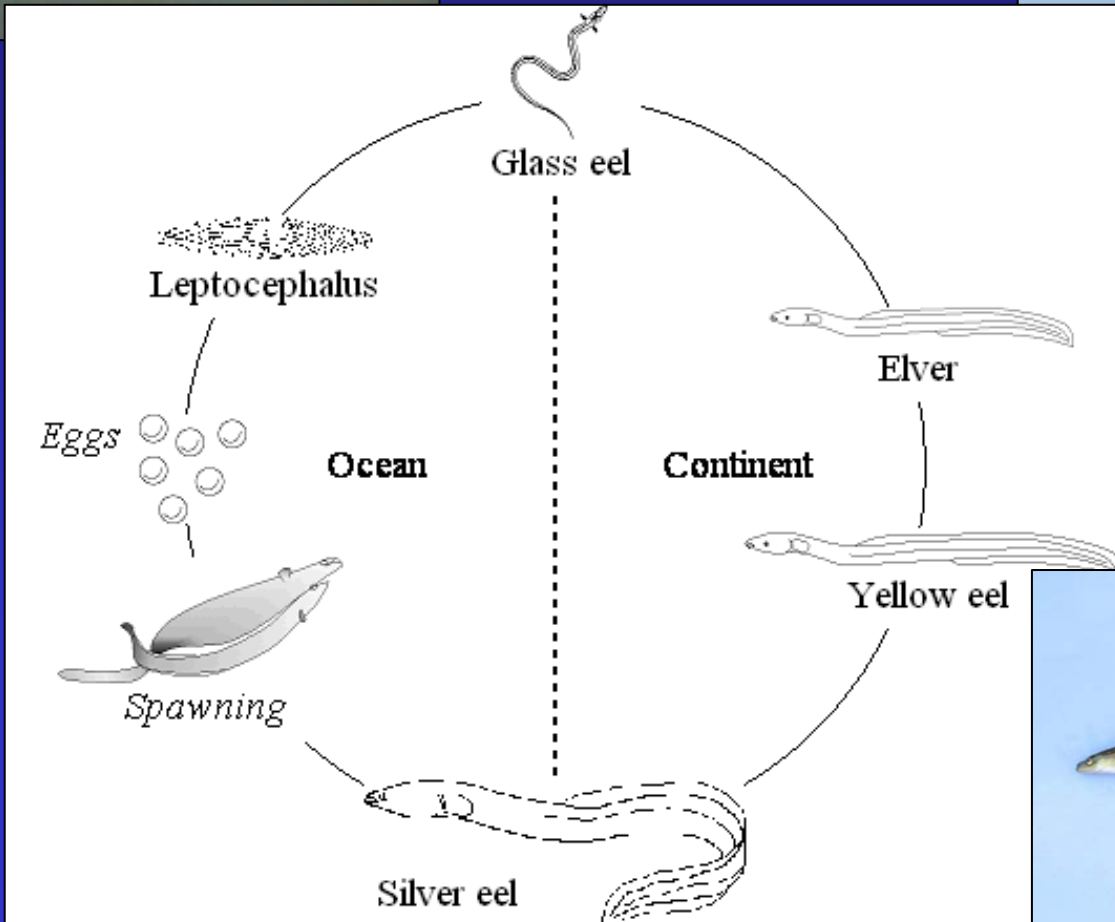
# American eel



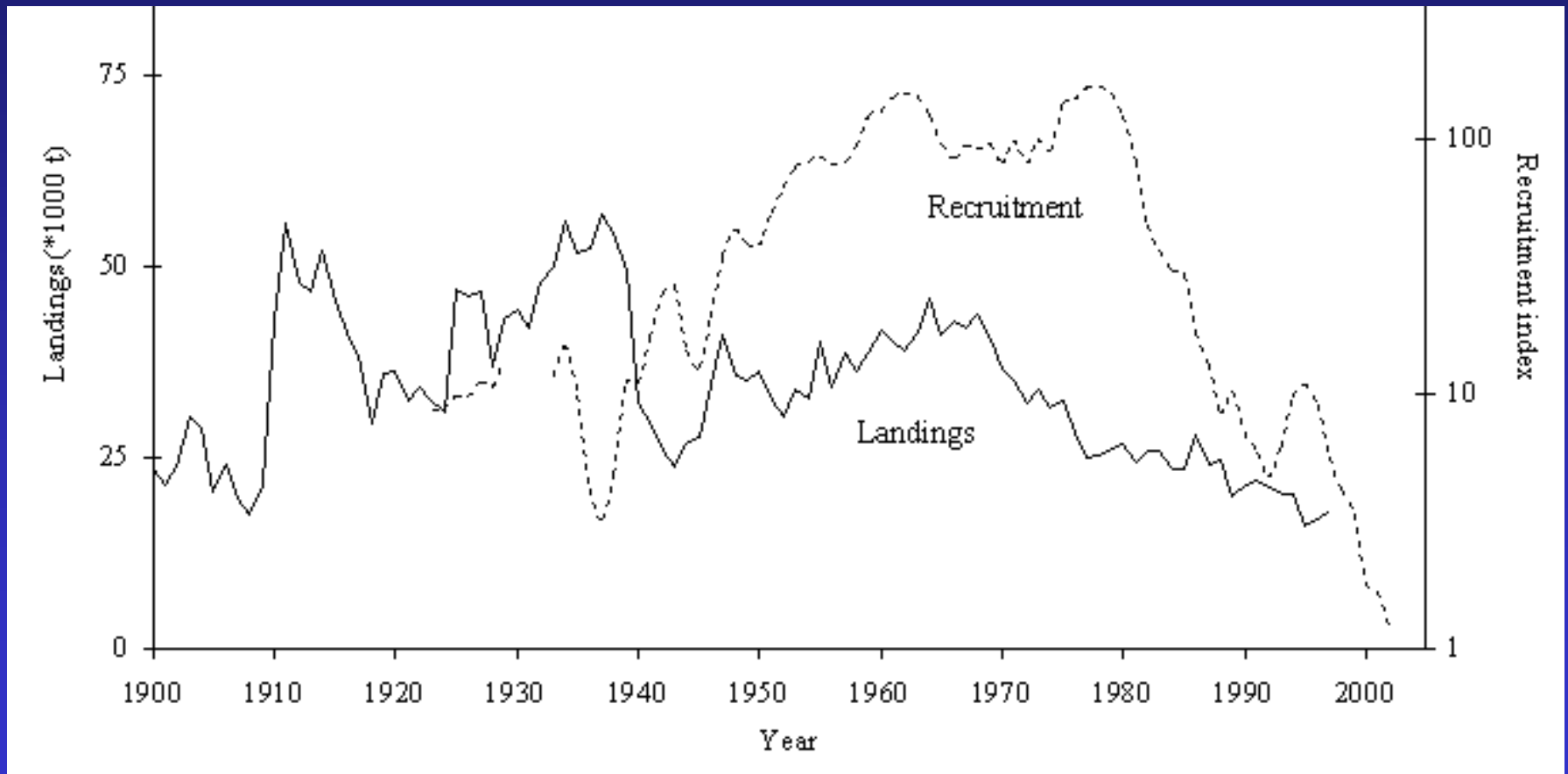
- Catadromous
- Spawns at depth in Sargasso Sea and dies
- Juveniles remain in larval stage for one year, riding the Gulf Stream
- As larvae near coast, transform into glass eels (2 - 4")
- Arrives in freshwater beginning late winter - ?
- Males seem to stay in lower rivers & estuaries
- Females head upstream
- Develop into elvers (6 - 10")
- “Highly motivated migrants” - able to climb low-head barriers
- Remains in freshwater as yellow eels for many years (10+)
- Mature into silver eels late summer - early fall
- Migrate back to sea during fall high water events



# American eel



# American eel



# Getting eels over barriers...



# Eel pass



# Cooperative Fish Passage Projects

- state DEP has no budget for building fishways
- with limited staff, don't want to own many
- local sponsors/owners mean local buy-in
- lots of funding vehicles available
- most projects have multiple partners
- DEP/IFD maintains technical control, provides technical assistance every step of the way, including longterm operation.

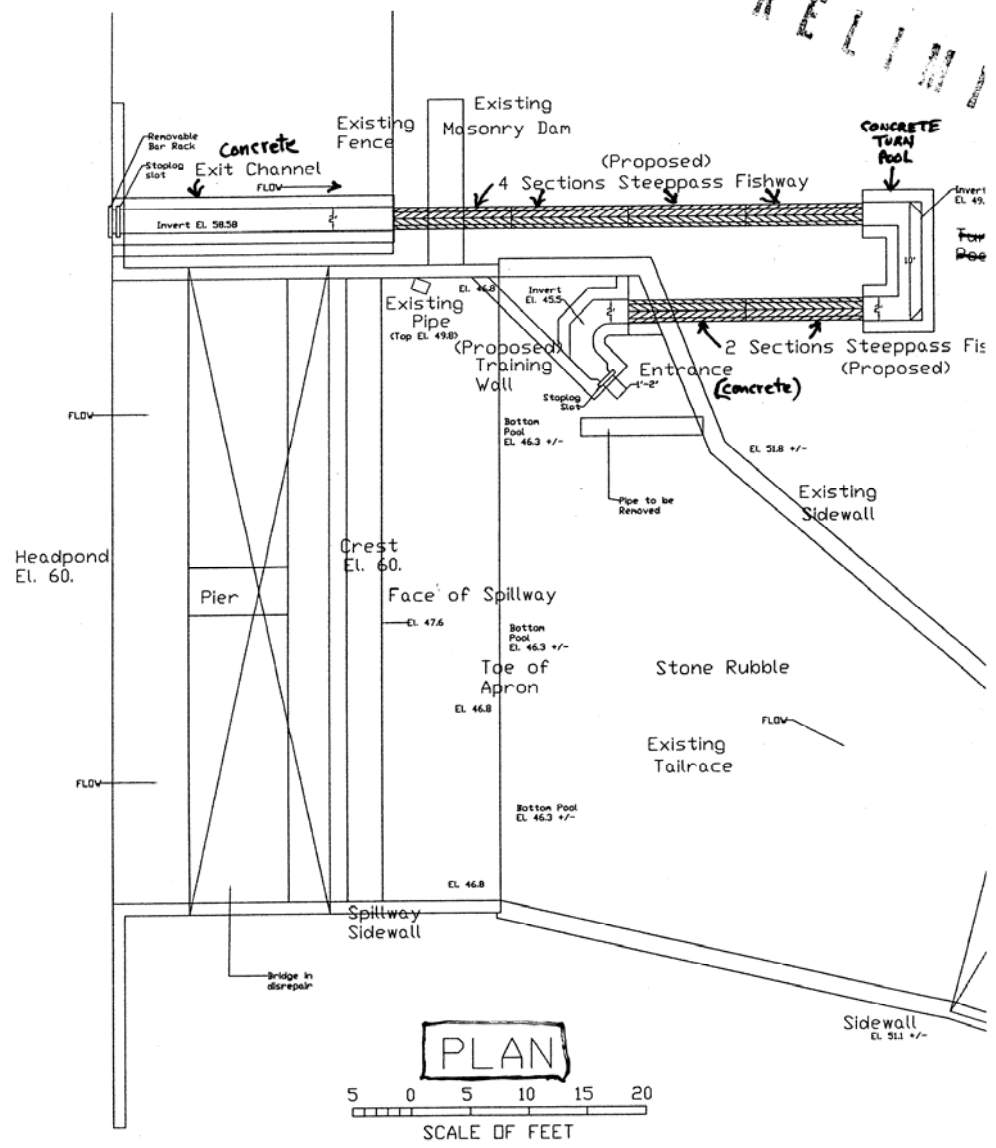
# Hallville Pond Fishway Project



A cooperative project with the Eastern Connecticut  
Conservation District

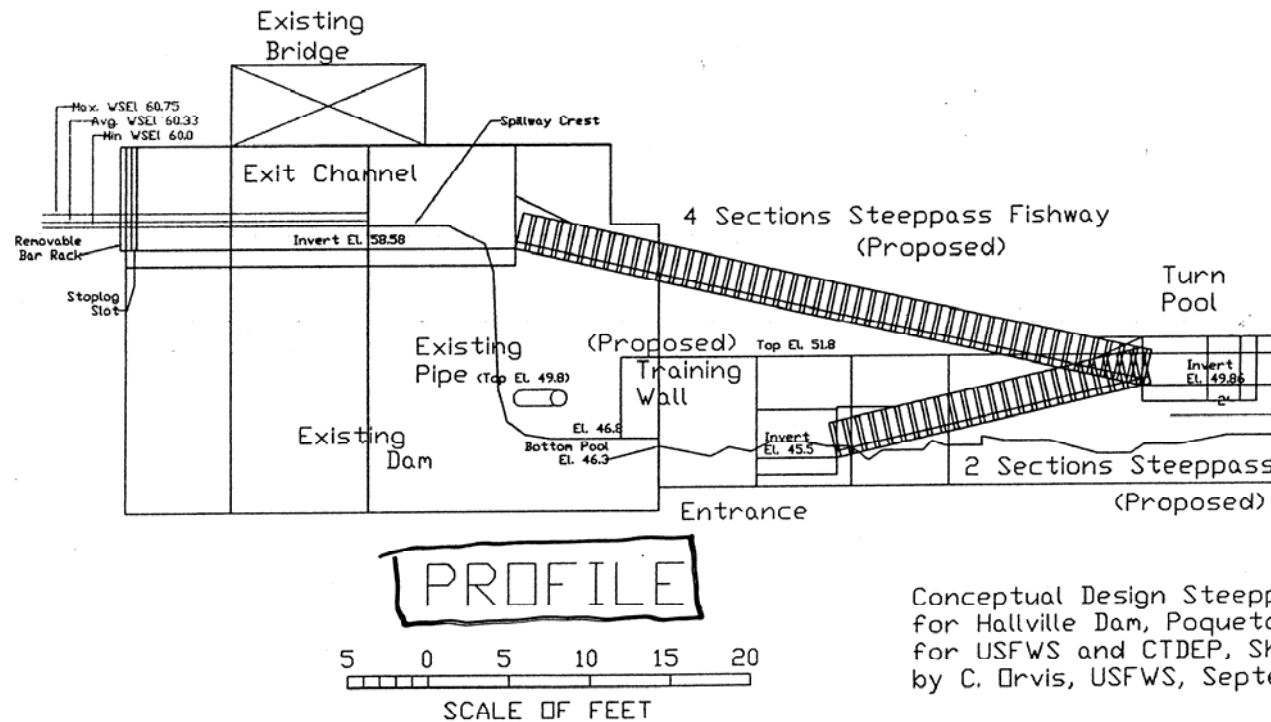
A 12 ft high  
steppass fishway  
with one resting pool,  
a viewing window, and  
an electronic fish  
counter

# Conceptual Plan- top view



# Targeting alewife, blueback herring, sea-run trout

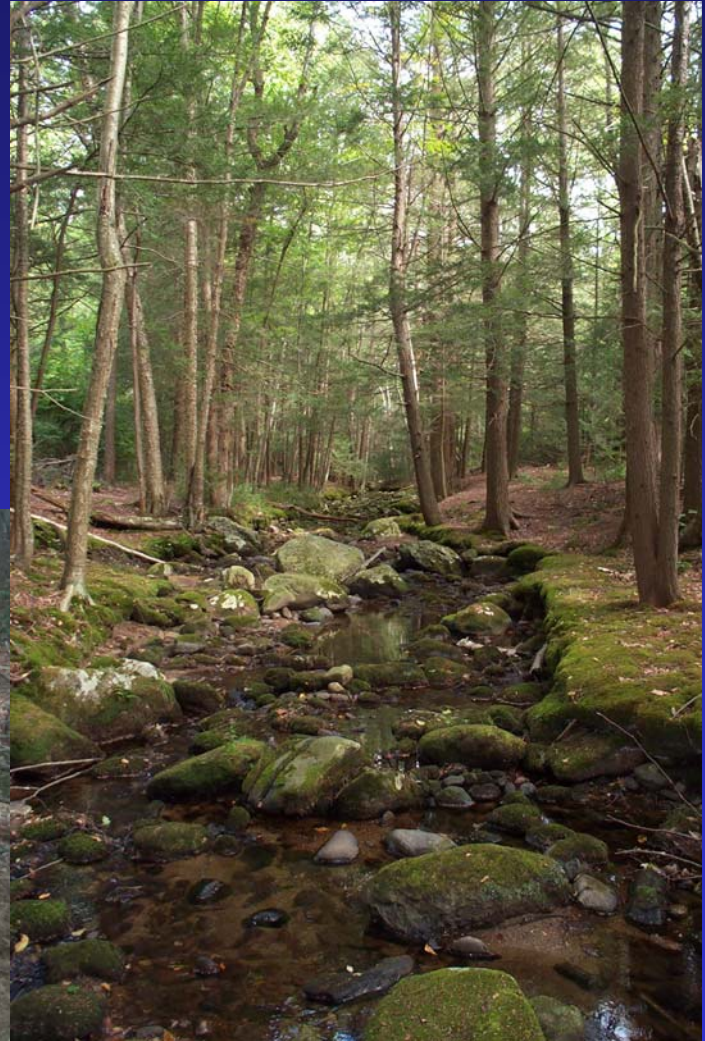
Dam associated with an old paper mill. Owners cooperative (no cost to them) but need to be accommodated.



Conceptual plan-profile view



It's the habitat, stupid!



It's the habitat, stupid!



# Fishways Help Get Fish Home

